

## **Nine against nine**

Wednesday 9 January 2002

This training routine is provided by Erich Rutenmüller, German Football Association (DFB) coach education director, member of the UEFA Jira Project Panel and member of the German national team coaching staff.

### **Training form:**

Nine against nine in one half of the pitch – two goals – with goalkeepers. Team A can score in both goals when in possession of the ball. Team B tries to keep the ball after winning possession. The goalkeepers should also be brought into the game, resulting in an “eleven v nine” situation.

### **Duration:**

10 – 15 minutes

### **Aims:**

Finishing off attacking moves quickly  
Exploitation of “extra player” situations  
Switching between short-passing play and flighted passes  
Bringing the goalkeeper into play with back-passes

<http://www.uefa.com/TrainingGround/index.html>